

## Date tehnice

### Et. I., 23 martie 2019

Distanța **Centrul de concurs – Start et. I:** 700 m / 0 m

Distanța **Sosire et. I – Centrul de concurs:** 200 m / 0 m

Categoria	Lungime traseu / dif. niv. (m)	Nr. posturi	Categoria	Lungime traseu / dif. niv. (m)	Nr. posturi
M10	1600/80	6	W10	1600/80	6
M12	2400/90	8	W12	2400/90	8
M14	3800/150	14	W14	3200/120	13
M16	4800/190	19	W16	4100/150	18
M18 (*)	7300/300	31	W18	4400/170	19
M20, M21 (*)	9100/330	34	W20, W21 (*)	7200/280	27
M35 (*)	7300/300	31	W35	5400/220	23
M40	5400/220	23	W40	4400/160	20
M45	5400/220	23	W45	4400/160	20
M50	4800/180	22	W50	4000/160	18
M55	4800/180	22	W55	4000/160	18
M60	4000/160	18	W60+	2700/110	11
M65	4000/160	18	Open	2900/100	12
M70, M75	2700/110	11	OpT	4500/170	19
M80, M85	2000/80	11	OpT Sh	2800/130	13

**Categoriile marcate cu (\*) vor avea schimb de hartă!**

### Et. II, 24 martie 2019

Distanța **Centrul de concurs – Start et. I:** 1700 m / 0 m

Distanța **Sosire et. I – Centrul de concurs:** 1400 m / 30 m

Categoria	Lungime traseu / dif. niv. (m)	Nr. posturi	Categoria	Lungime traseu / dif. niv. (m)	Nr. posturi
M10	1900/50	6	W10	1900/50	6
M12	2400/70	9	W12	2400/70	9
M14	3400/140	12	W14	3100/140	11
M16	4000/150	18	W16	3600/140	15
M18	4500/170	17	W18	3700/160	16
M20, M21	5000/210	18	W20, W21	4400/150	16
M35	4500/170	17	W35	4200/150	15
M40	4200/150	15	W40	3400/130	13
M45	4200/150	15	W45	3400/130	13
M50	3400/130	13	W50	3000/100	12
M55	3400/130	13	W55	3000/100	12
M60	3000/100	12	W60+	2400/60	11
M65	3000/100	12	Open	2300/50	7
M70, M75	2400/60	11	OpT	3000/130	13
M80, M85	2000/50	10	OpT Sh	2400/80	10